

# DUA FOR PAIN IN LEGS

بِسْمِ اللَّهِ وَبِاللَّهِ أَعُوذُ بِعِزَّةِ اللَّهِ  
وَقُدْرَتِهِ مِنْ شَرِّ مَا فِيهَا

*Place your hands on the aching part  
and recite the above dua 7 times.*